



# First Aid Policy

In God's hands, we love, learn, grow and inspire

“What shall we say the kingdom of God is like, or what parable shall we use to describe it? It is like the mustard seed, which is the smallest of all seeds on the earth. Yet, when planted, it grows and becomes the largest of all garden plants, with such big branches that the birds can perch in its shade.

Mark 4: 30-32

|                                     |                       |
|-------------------------------------|-----------------------|
| Date Approved by The Governing Body |                       |
| Effective period                    | 1.1.2025-1.1.2026     |
| Reviewer                            | Vic Goodman/Liz Orton |
| Date of Review                      | January 2025          |
| Next Review Due                     | January 2026          |

## **First Aid Policy**

In order for children to love, learn, grow and inspire, Pencombe CofE Primary School is committed to safeguarding and promoting the welfare of children and young people in a caring, inclusive and Christian community.

The Governors, Executive Head and Head of School accept their responsibility under the Health and Safety (First Aid) Regulations 1981 and acknowledge the importance of providing first aid for employees, pupils and visitors within the school.

The Governors are committed to this procedure for reporting accidents and recognise their statutory duty to comply with the Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013 (RIDDOR). See Accident/Incident Reporting Policy.

This policy links to:-

### **Supporting Pupil's with Medical Conditions Policy Asthma Policy Accident/Incident Reporting**

#### **First Aid Organisation**

The school's arrangements for carrying out the policy include the following key principles:

- Governing body duty to approve, implement and review this policy
- Individual responsibility on all employees
- Duty to report, record and, where appropriate, investigate all accidents
- Recording of all occasions where first aid is administered to employees, pupils and visitors
- Provision of equipment and materials to carry out first aid treatment
- Arrangements to provide training for employees and to maintain a record of that training, reviewable annually.
- Establishment of a procedure for managing accidents in school which require first aid treatment
- Provision of information to employees on the arrangements for first aid
- Undertaking a risk assessment of the first aid requirements of the school.

#### **The main duties of a first aider are:-**

- Give immediate help to casualties with common injuries or illnesses and those arising from specific hazards at school.
- Ensure that if a child receives first aid that this treatment is documented on a green first aid slip and that the class teacher is informed and receives the form so that parents are ALWAYS aware,
- When necessary, ensure that an ambulance or other professional medical help is called

#### **First Aid Equipment**

First aid containers and supplies in each school are strategically located and are available to everyone. Grab bags are also available and should always be taken outside for playtime and lunchtime duties.

In addition, there are travel kits for trips and matches. The contents of these boxes are as follows; sick bags, blue roll, newspaper, gloves, wipes, hand gel, black bags, water, kits are checked on a regular basis. It is the responsibility of the trip/PE organiser to ensure adequate first aid equipment is taken on the trip or match fixture.

Staff attending an accident should use the nearest first aid box to access materials to deal with

the accident, if possible. During playtime duties, staff take with them a walkie talkie so that they are able to ask for assistance if any incidents occur as well as a first aid kit. If the staff member requires assistance, they should send the accompanied pupil to the office for attention from the office first aider or send a pupil to request that a first aider comes to the scene of the accident.

First Aid stocks should be checked weekly and reordered appropriately.

### **Contents of first-aid containers**

- A booklet giving general guidance on first aid
- 1 x protective face shield for performing CPR
- 20 x individually wrapped sterile 'hypo-allergenic' adhesive plasters of assorted size
- 10 x sterile saline moist wipes
- 2 x sterile eye pads
- 3 x triangular bandages, individually wrapped and preferably sterile
- 4 x medium wound dressings (approx. 12cm x 12cm), individually wrapped and sterile (bandages attached)
- 2 x large wound dressings (approx. 18cm x 18cm), as above
- 5 x 'low-adherent' dressings (approx. 5cm x 5cm)
- 5 x 'low-adherent' dressings (approx. 10cm x 10cm), as above
- 4 packs of wound closure strips
- 1 x roll of hypo-allergenic tape
- 6 pairs of disposable gloves.
- 1 x pair of scissors, with rounded ends.
- 5 x 'packs of 5' sterile gauze swabs (approx. 5cm x 5cm) for cleaning a wound
- 1 x finger dressing.
- 1 x sam splint + stretchy bandage to hold in place
- 1 x burn shield – small 10cm by 10cm.
- 1 x trauma bandage – large and stretchy.
- 1 x tweezers – disposable for small splinters.
- 2 x sealable vomit bags
- 1 pack of wipes
- 1 x tick extractor

Each school minibus also has a first aid kit. It is the responsibility of the users to replenish the kit if supplies are used.

### **Recording**

Schools should keep a record of any first aid treatment given by first aiders and appointed persons. This should include:

- The date, time and place of incident;
- The name (and class) of the injured or ill person;
- Details of the injury/illness and what first aid was given;
- What happened to the person immediately afterwards (for example went home, resumed normal duties, went back to class, went to hospital);
- Name and signature of the first aider or person dealing with the incident.

This information can:

- Help the school identify accident trends and possible areas for improvement in the control of health and safety risks;
- Be used for reference in future first-aid needs assessments;
- Be helpful for insurance and investigative purposes.

The Health and Safety Co-Ordinator reports on this on a termly basis.

The School is required to maintain a record of injuries and accidents to employees and pupils. These records are to be retained in the school office for a minimum of three years. Departments should not retain copies for longer than necessary in order to comply with the requirements of GDPR.

### **Reporting to Parents**

If a pupil receives more than a minor cut or graze the accident should be reported to the parent. Staff should, therefore, report all accidents to a pupil's class teacher so that parents/carers may be informed at pick-up time. More serious accidents are reported to parents immediately.

Bumps to the head must always be reported to parents who should be given the choice whether or not to collect their child from school. The child is given a "bump band" to wear so that every member of staff is aware of the injury and the parents are issued with an information letter.

### **First Aid training**

There are no rules on exact numbers of first aid trained personnel required. However, the school will ensure that a sufficient number of staff are trained in first aid for the size of the school and number of pupils on roll. The school will take into account adequate provision for lunchtime and breaks, adequate cover for staff absences, provision for off- site activities, out of hours activities i.e sports activities.

The training course attended will be HSE approved. Training will be refreshed every three years.

Early Years staff will receive paediatric first aid training and at least one of these is always present in classes with pupils and also accompanies their outings.

Trip organisers should ensure that each bus/minibus has a trained first aider on board.

A list of all first aiders will be on display in the main office and first aid areas. (See appendix)

### **First Aid Areas**

The Education (School Premises) Regulations 1996 require every school to have a suitable area that can be used for medical treatment when required, and for the care of pupils during the school hours. The area, which must contain a washbasin and be reasonably near to a toilet, need not be used solely for medical purposes, but it should be appropriate for that purpose and readily available when needed. This room can be used for first aid, however, first aid facilities may need to be made available quickly.

### **Hygiene/Infection Control**

All staff should take precautions to avoid infection and must follow basic hygiene procedures. Staff should have access to single-use disposable gloves and hand washing facilities, and should take care when dealing with blood or other body fluids and disposing of dressings or equipment.

Blood spillages should be cleaned immediately and disposed of in yellow bags.

### **Insurance**

- Staff who undertake responsibilities within this policy are covered by the school's insurance
- Full written insurance policy documents are available to be viewed by members of staff who are providing support to students with medical conditions. Those who wish to see the documents should contact Mrs B Near, Office Administrator.

Appendix A First Aiders

| <b>Pencombe CofE Primary<br/>Trained First Aiders</b> |                    |                                       |                      |
|---|--------------------|---------------------------------------|----------------------|
| <b>Staff</b>  | <b>Valid until</b> | <b>Certification</b>                  | <b>Other roles</b>   |
| Ellie Brown   | 23/09/2025         | Paediatric First Aid                  | Teacher              |
| Kate Willis   | 16/03/2027         | Paediatric First Aid<br>Forest School | HLTA/Pastoral Mentor |
| Suzannah<br>Woolley                                   | 14/02/2025         | Paediatric First Aid<br>Forest School | Teacher              |
| Rita<br>Williams                                      | 27/02/2027         | Paediatric First Aid                  | Lunchtime Supervisor |
| Rebecca<br>Near                                       | 22/04/2027         | Emergency First Aid at<br>Work        | Office Administrator |

**First Aid Equipment**

First aid containers and supplies in Pencombe CofE Primary are located in the food serving area cupboards outside Oak class.